

FALCON GYMNASTICS CLUB – OPERATING WITHIN EDUCATIONAL ESTABLISHMENTS

You can contact Falcon by email at mel@falcongym.com or by phone on 07514 366894.

Sessions and payment

Places at gymnastics sessions are subject to availability and are only confirmed once payment has been received in full prior to the start of the first session.

You must inform us of any medical conditions or disability, which may be relevant to the child booked to attend a gymnastics session. You must also notify us of any change or deterioration of any such medical condition or disability. We will keep this information confidential and handle such issues with discretion.

It is our policy to include all individuals within the scheduled sessions wherever possible, but we reserve the right to refuse the booking if we are regrettably unable to accommodate the needs of the individual.

Cancellations and refunds

All cancellations must be made by email to mel@falcongym.com. Verbal cancellations will not be accepted.

By signing up and making payment to attend a school gymnastics session (before / after school) you have committed to complete the term. If upon receiving your request to cancel, we can fill your space with another child wishing to attend, then we will be able to issue a refund for the remaining weeks (subject to the new child accepting the place offered). If we are unable to fill the space, then a refund will not be possible, but you are welcome to continue attending if you change your mind.

We reserve the right to cancel sessions one week in advance of the start date in the unlikely event of insufficient numbers, or no coach available to run the session. A full refund will then be given.

If your child is unable to attend a session such as being on holiday or off sick for any reason (including being required to isolate for Covid or the school re-introducing bubbles making the mixing of some classes impossible) we would be unable to offer a refund for these missed sessions.

Situations out of Falcon Gymnastics Club's control

If any school shuts due to unforeseen circumstances such as, but not limited to, extreme weather conditions (snow, flooding etc), unplanned maintenance due to the building not being safe, the school being used for polling day etc, or any other unforeseen emergency the school may be involved with, we would be unable to offer a refund for these missed sessions.

Damages and loss

Falcon accepts no liability for damage to, or loss of, any property or articles or things whatsoever placed or left in the school building / hall.

Data protection

Information given to the club is held in accordance with the Data Protection Act 1998 but may also be made available to law enforcement officers and our insurers, if requested.

Jewellery, body piercing and adornment

Falcon believes that jewellery and adornments worn in body piercing are inappropriate for safe practice in gymnastics and MUST be removed to reduce the risk of injury to the participant, the coach, and others. Only exceptions will be under Religious or Medical jewellery grounds which can be worn but must be covered with tape or a sweat band. In all situations, the gymnast must inform the coach of any jewellery about their person.

Variation

We may revise these terms and conditions from time to time.

Jurisdiction

These conditions will be governed by the rules and regulation in place at said school. Falcon reserves the right (in consultation with the school) to make judgements on any disputes relating to these conditions in line with our policy "Falcon Gymnastics Club – operating within educational establishments".

Falcon Gymnastics Club: Rules of the Gym – Code of Conduct for Parents / Carers and Children

It is important to always bear in mind that whilst agreeing for your child / children to take part in Falcon gymnastics activities, performing gymnastics related skills is not completely free from risk. By registering for a place, you are acknowledging you have read this document and discussed it with your child / children. To ensure the safety of our gymnasts and coaches within the school session (before / after school), please take note of and adhere to the following rules:

- Make sure your child arrives on time and is collected promptly at the end of a session
- Arrive at the gym and register at the start of the session
- Do not leave the gym without the permission of a coach
- At the end of the session, gymnasts must be collected from the agreed exit by a parent / carer/ responsible adult (unless we are informed by the school that they are allowed to leave on their own, for example they have permission to walk home by themselves. Prior agreement will be needed for this, and the school must say that they are happy for this to happen)
- By attending the session, you confirm that your child / children's level of fitness is sufficient to undertake the activities of that session. They do not suffer from, nor have suffered from, any medical condition that might make participating in the activities dangerous for themselves or others. Please bring to the attention of Falcon Coach, at the start of the session, any medical condition or issue that you believe may affect their ability to safely participate during the session
- Appropriate attire must be worn during sessions, such as leotards (club leotard/leotard of your choice) or T-shirts with shorts, tracksuit bottoms or leggings. No zips or buckles are permitted
- No jewellery or watches are to be worn in the gym. Please remove any such items before attending, as Falcon Gymnastics Club accepts no responsibility for any losses or damages
- Any mobile phones the children bring to school must be switched off during the session
- Long hair must always be tied back
- No eating or drinking is permitted in the gymnastics sessions, except for water. Children should bring a water bottle to all sessions
- Your child / children must always comply with all instructions from Falcon coach. If they continue to be disruptive or constantly fail to comply with instructions, they may be asked to sit out or be excluded from the gymnastics session until such time as the session has ended
- A sensible and responsible attitude to training must be observed at all times
- Gymnasts should only undertake skills under the instruction of a Falcon coach. It is important you have told your child / children not to attempt any tricks, manoeuvres or moves that are not comfortably within their own skill levels. Please ask them to speak with a Falcon coach if they are at all unsure at any point during the session
- Respect one another and the wishes of your coaches
- Set a good example by recognising good sportsmanship and applauding good performances.
- Share any concerns or complaints about any aspect of the session by speaking with the coach at the start / end of a session
- Do not threaten or argue with teachers / coaches
- Always use polite and respectful language

- Never punish or belittle a child for their participation, effort and / or making mistakes whilst learning gymnastics in their school session
- Support your child's involvement and help them enjoy their sport
- Do not disrupt your child whilst in a training session
- If parents need to get in contact with their child / children urgently, please contact the coach leading the session (contact details on the application form given out to sign up for the session) or alternatively call the school office
- Under no circumstances can gymnasts or parents / carers take photos or videos of their child or any other gymnasts whilst in the gym. This is to comply with GDPR regulations and safeguarding

Anyone found to be not adhering to these rules will be highlighted to the school and in some cases may be asked to stop attending their allocated session. Falcon reserves the right (in consultation with the school) to make this judgement.

Reviewed and updated 26.04.26

